

Llancarfan Walk details

Distance: Approx 3.5 miles

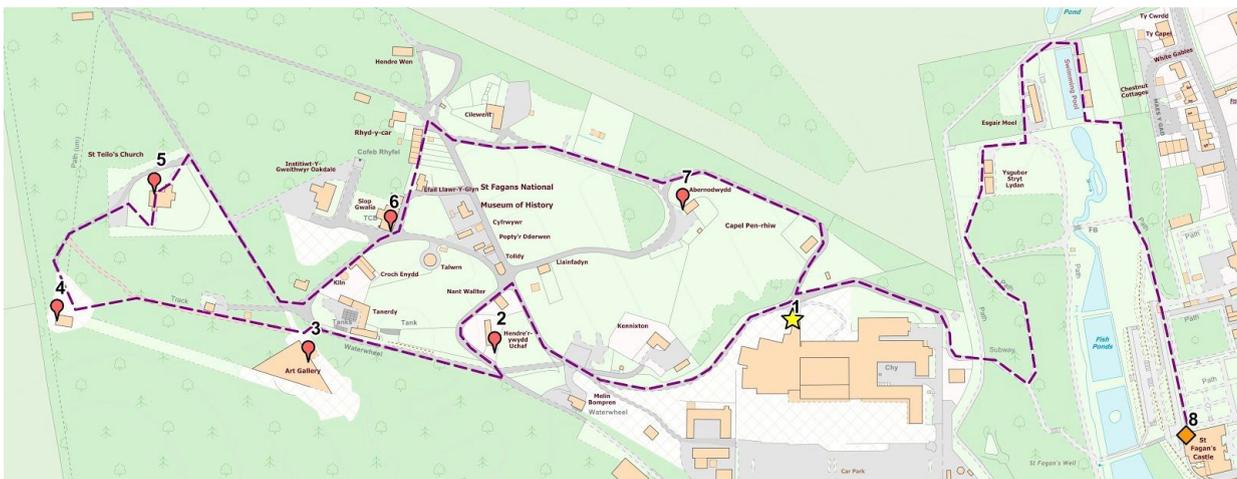
Time: Approx 2.5 hours

Access: Moderate difficulty; a few steep inclines, footpaths and stiles; not suitable for wheelchairs and buggies; sturdy footwear recommended.



Parking:

Walking Route



Directions

1. Start your walk at St Cadoc's Church. This church dedicated to St Cadoc (Welsh: St Cattwg) dates back to the thirteenth century. Inside, visitors will find a fantastic set of recently rediscovered medieval wall paintings, depicting St George slaying the dragon and the Seven Deadly Sins. When you leave the church turn right onto the main road, walking past the Fox and Hounds Inn. Continue until you pass the ford over the river and turn right to take the footbridge.
2. Continue up this road, following the signs towards Walterston/Trewalter. When you reach the triangle at the junction, keep right. A short distance to your left is the Old Mill. If you wish to extend your walk slightly and see the old mill race, take the footpath to the right of the Old Mill (dotted line on the map). At the junction on the main road, turn right.
3. Along this road you will pass the cottage Ty Uchaf on your left and to the right the site of an ancient well once used by the villagers for drinking water. After a short



distance you will pass Llancarfan Primary School on your right, at which point take the track to the left leading you uphill towards Broomwell.

4. Take the footpath to your right over a stile and keep right. *To your left you will see the remains of an Iron Age hill fort.* Ahead you will see a fence with a stile, climb over and keep to the right of the field. With the farm house on the left and a barn to the right, climb over a stile onto the road, where you will see a bridge over the stream. Turn right onto the road and when you reach a junction turn left downhill, away from Llancarfan.
5. Head towards Pen Onn. As the road bends sharply to the left, continue forward along a footpath past Pen Onn Farm and head through Ross Kear passing through the gate. You will see a pylon and follow the fence/hedge round the field to the left downhill. **BE AWARE, CATTLE GRAZE IN THIS FIELD** Walk towards the gate in the fence opposite, crossing over a small bridge.
6. Take the path as it bends to the left uphill, through the trees into an open field. A church tower will appear up ahead. Walk towards the church and the village, following the waymark post by the cream house. Climb over the stile into the village of Penmark. *A short detour up the road to the left is the Church of St Mary's, which has a chancel arch carved with figures dating back to c.1200, and the remains of Penmark castle.* After climbing over the stile, turn right and follow the road.
7. At the junction, turn right towards Llancarfan, taking the footpath on the right immediately after the stone bridge. Follow the stone track and take the gate into the field. Turn into the field to the right, keeping below the ridge to the left.
8. Climb over another stile and turn left up towards the ridge and then climb over another stile onto the road. Turn right onto the road and follow it downhill back towards Llancarfan.