

Swansea Walk details

Distance: Approx 1.5 miles

Time: Approx 1 hour

Access: Easy, mostly flat though slopes down to and up from The Strand, fully paved, suitable for wheelchairs and buggies

Parking: Many car parks in Swansea city centre, including City Gates (SA1 3LZ), The Quadrant (SA1 3QR), and St David's (SA1 1JA) (charges apply)

Other: This walk can be reached easily from Swansea rail station (approx. 10 minutes' walk)



Walking Route





Directions

1. Start your walk in Castle Square. Walk towards the Castle ruins. Walk northwards up Castle Street, turning right into Worcester Place. *On the corner here was the location of the earlier Norman Old Castle.*
2. At the top of Worcester Place, turn right into Welcome Lane. *The medieval East Gate was located at the intersection of Welcome Lane and The Strand.*
3. Turn right along The Strand.
4. Turn right into Green Dragon Lane. Turn right up Wind Street. *The upper section of Wind Street was the marketplace for the Anglo-Norman town.*
5. Turn left into St Mary Street. Turn right into Princess Way. *You will pass the (heavily restored) remains of the medieval St David's Hospital on your right, now the Cross Keys pub.* Turn left at the mini roundabout, following the northern edge of St Mary's churchyard.
6. Finish at the corner of the Quadrant shopping centre – *the location of the medieval town's west wall.*